



11 December 2019

Dear Parent/Guardian

Parent Conferences

Do you know **exactly** where your son or daughter is during the evening and at the weekend? Do you know **every** friend they have? The answer to those questions is almost certainly 'no'.

It is normal and healthy for teenagers to have the freedom to go out with their friends and to socialise with a diverse range of people, both in the real world and online, but this puts them at risk. As their parent, you need to be able to talk to your teenager about how to keep safe and how to make informed choices, but would you know where to begin? Do you know what risks exist, what advice to give or what signs to look for which might suggest they need help?

In order that you are better placed to have those discussions at home, and to understand the risks facing your children, we have organised some sessions for parents covering issues such as drugs and addiction, online safety and mental health. These are issues affecting young people of all backgrounds, ethnicities and abilities locally. The sessions are run by specialists and are supported by other agencies. Please see the attached flyer for information.

Whilst we all hope that these issues never affect our children, we have to recognise that they could, and that our best defense is to arm ourselves and our children with information and advice.

You can attend one or all of the sessions - just sign up to the ones that interest you using the email address for the relevant school/schools. The relevant email addresses can be found on the flyer. They cost nothing, but might really help you.

Yours sincerely

Mr P Gibson Headteacher

"INFORMATION AND EMPOWERMENT" PARENT CONFERENCES

These events are open to Parents/Guardians of students attending Bulmershe School, Waingels College, St Crispin's School, Maiden Erlegh School and Maiden Erlegh School in Reading.

Thursday 23 January 2020 7.00 – 8.15pm St Crispin's School, London Road, Wokingham, RG40 1SS

Drugs and Addiction

(This presentation is for parents and their secondary school aged children)

Presented by lan Jeffreys (Brighter Futures for Children)

To book a place at this event https://www.crispins.co.uk/events/information-and-empowerment-parent-conference/

Wednesday 05 February 2020 7.00 – 8.15pm Waingels College, Waingels Road, Woodley, RG5 4RF

Online Safety

(This presentation is for parents and their secondary school aged children)

Presented by Adam Stockton (Technical Support Manager and Online Safety Program Coordinator, McAfee UK)

To book a place at this event please email parentconference@waingels.wokingham.sch.uk

Tuesday 25 February 2020 7.00 – 8.15pm The Bulmershe School, Woodlands Avenue, Woodley, RG5 3EU

Mental Health – Teenage Anxiety

(This presentation is for parents)

Presented by **Jacqueline Wood** (Educational Psychologist, Wokingham Borough Council)

To book a place at this event please email parentconference@bulmershe.wokingham.sch.uk

Additional parent conferences in this series will follow later this year. Details will be sent out nearer the time.











Places are limited and will be issued on a first come first served basis.