

Anti-Bullying Guide



MAIDEN ERLEGH
SCHOOL



Maiden Erlegh School takes all forms of bullying very seriously, we will investigate and act on it, when it involves any member of the school community. Our policy can be found on the website.

Is it bullying?

WHEN SOMEONE SAYS OR DOES SOMETHING
UNINTENTIONALLY HURTFUL AND THEY DO IT ONCE, THAT'S
RUDE.

WHEN SOMEONE SAYS OR DOES SOMETHING
INTENTIONALLY HURTFUL AND THEY DO IT ONCE, THAT'S
MEAN.

WHEN SOMEONE SAYS OR DOES SOMETHING
INTENTIONALLY HURTFUL AND THEY KEEP DOING IT,
EVEN WHEN YOU TELL THEM TO STOP OR SHOW THEM
THAT YOU'RE UPSET, THAT'S
BULLYING.

4 Types of BULLYING

Physical Bullying

Hitting, kicking, slapping, pinching

Spitting

Tripping, pushing

Stealing or destroying someone's possessions

Making mean or rude hand gestures

Verbal Bullying

Name calling

Insults

Teasing

Intimidation

Homophobic, transphobic, biphobic or racist comments

Inappropriate sexual comments

Taunting

Threatening to cause harm

Social Bullying

Lying & spreading rumours

Leaving someone out on purpose

Telling others not to be friends with someone

Embarrassing someone in public

Damaging someone's social reputation or relationships

Cyber Bullying

Posting/sending hurtful texts, emails or posts, images or videos

Making online threats

Intimidating others online or using their log-in

Deliberately excluding others online

Spreading nasty gossip or rumours

#TeamMaidenErlegh

At Maiden Erlegh we want to be clear about our expectations of **everyone** in the school community. This includes parents, students and staff.

- Everyone will be respectful to each other
- Everyone will report abuse or bullying of another person
- The school will be proactive in preventing bullying and students will learn what bullying is and what to do to report it
- The school will run an Anti-Bullying Week every year
- Teachers are trained on the signs of bullying and will listen to any student who feels they are being bullied

What do I do if I believe I am being bullied?

1. Tell your teacher or parent/carer
2. Tell a friend or a member of the senior team and ask them to help you
3. Email school:
mestarget@maidenerleghtrust.org

What will the school do?

The school will investigate and intervene when bullying takes place on school premises, on the journey to and from school (whilst students are wearing uniform), off site activities and whilst using school equipment.

What happens if I am bullied outside of school?

The school will work together with parents when bullying is taking place offsite and provide advice to parents about what they can do to take appropriate action.

