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Dear Parent/Guardian

## Key Stage 4 (PSMSC)

PSMSC is a very important part of our curriculum at Maiden Erlegh School, lessons allow students to find out about and discuss a range of topics which impact on their lives and their futures. Examples include: cyber-safety, careers education, diversity awareness and drugs and substance misuse education.

It is delivered in a variety of ways but mainly through the pastoral programme and the Core Humanities curriculum. A key element of PSMSC is the wellbeing component, which includes sex and relationships education which is taught in the context of developing positive values and a moral framework that will guide their decisions, judgements and behaviour but also build self-esteem and a sense of self-worth so they have the skills to judge what kind of relationships they want. Now your child has completed the Year 10 Religious Studies GCSE course, students will be studying PSMSC in their Religion & Philosophy lessons.

In these lessons, they will be covering:

- Guidance about job or apprenticeship interviews
- Positive body image and self-esteem
- A sensitive exploration of mental health issues and ways to access mental health support
- Safety online, especially in response to sexting and online pornography
- Consideration of the media's portrayal of sex and sexual relationships

Delivery of these themes will run in line with our Sex and Relationships Education (SRE) and Equality Policies, both of which can be found on the website.

Governors recognise the important of all students' participation in SRE. A parent may, however, exercise a right of withdrawal from these lessons if the content is not part of the national curriculum (Section 405 of the Education Act 1996). Should you wish to exercise your right to withdraw your child from SRE you should inform the Headteacher in writing. If your child is withdrawn from SRE sessions, we will ask you to provide your child with appropriate work while they are being supervised.

We may invite you in to meet with Mrs Bendall (Senior Assistant Head Teacher) who will explain the school's policy and discuss your concerns with you.

If you have any questions about the course, please do not hesitate to contact me.

Yours sincerely

Sermos

Miss S Jones Head of Religion and Philosophy



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