



29 June 2021

Dear Parent/Guardian

Pastoral Day – Tuesday 6 July 2021

On the above day we will be suspending our normal teaching timetable for all year groups, to enable students to focus on the required key topics from the PSMSC programme.

Year Group	Focus Area
7	E-Safety
8	Drugs and Alcohol Awareness
9	Sex & Relationships
10	Mental Health Awareness
12	Community & Values

Further information on the detail of the day, for each year group, can be found below.

E-Safety – Year 7

Year 7 students will be receiving a full day on e-safety awareness. They will work on a range of activities including being safe online, cyber bullying, etc. and ensuring they know how to protect their personal information. Social media is everywhere in today's society and we want to ensure all students are equipped with age appropriate information to protect and keep themselves safe.

Drugs and Alcohol Awareness – Year 8

Students will spend the day looking at key issues relating to Drug and Alcohol awareness. We wish to equip students with age appropriate information to make positive choices and keep themselves safe. We will deliver a range of activities on different drugs and the harm they cause, how vulnerable you can be if you drink alcohol or try drugs and most importantly where to access support if you or a friend needs it. Additionally, students will also explore the issue of county lines and gangs and how this affects young people.

Sex and Relationships – Year 9

Students are going to complete activities within their tutor groups that will explore the following topics:

- Consent and contraception
- Awkward chat
- Abusive relationships and where to access help
- 21st Century Relationships
- Healthy relationships for teenagers

We intend to equip them with age appropriate information to keep themselves and others safe. This compliments the Sex and Relationships Programme that is currently being delivered by the Religion and Philosophy team.

Mental Health – Year 10

Students will be receiving a full day on mental health awareness, discussing the current issues surrounding mental health and how they or their peers could be affected by it. This will enable them to spot the signs that they or a friend may be affected by it already and what to do to get support.

Community and Values – Year 12

Students will be spending a full day with their tutor group engaging in a series of team building challenges. As part of this, they will be developing their skills of leadership, teamwork, time management and resilience. It is hoped that the students will thoroughly embrace this day and the student senior team have taken a lead role in the organisation and planning of the day. The afternoon will involve students being able to have a picnic in the school field, where they will be able to buy pizza from the Sixth Form Café. Students will also have the opportunity to get involved in further team building exercises through playing rounders and bench ball.

If you have any questions or need to make us aware of any particular issues that may cause upset to your child on this day then please contact their Head of Year.

Yours sincerely



Mrs S Bendall
Senior Assistant Headteacher
Pastoral, Inclusion & SENCo