

12 November 2019

Dear Parent/Guardian

Pastoral Day KS3 and KS4 – Tuesday 26 November

On Tuesday 26 November we will be suspending our normal teaching timetable for all year groups, so that students can focus on learning about key topics from our PSMSC programme.

Year 7: E-Safety

Year 8: Drugs and Alcohol Awareness

Year 9: Sex and Relationships

Year 10: Mental Health Awareness

Year 11: Becoming 'Work-Ready' and Examination Preparation

Further information on the detail of the day, for each year group, can be found at the bottom of this letter.

In order to be able to run these sessions and use some specialist external organisations, we are requesting a voluntary contribution of **£5** which should be paid by **Friday 22 November**. Payment should be made using ParentPay which can be accessed via the following link: <https://www.parentpay.com/>. Should you have any issues with your access please contact us on the following email address: parentpay@maidenerleghschool.co.uk. If your child is in receipt of the pupil premium funding they may use their personal budget to cover the charge providing they have sufficient funds remaining. Please contact the school if this is the case.

If you have any questions or need to make us aware of any particular issues that may cause upset to your child on this day then please contact their head of year.

Yours sincerely



Mr P Gibson
Headteacher

E-Safety Day – Year 7

Year 7 students will be receiving a full day on e-safety awareness. We wish to discuss some of the issues surrounding this subject and equip them with appropriate information for their age to keep themselves safe. We are working together with McAfee and will deliver a range of activities including, Safety, Security and a special project based on what they have learnt.

Drugs and Alcohol Awareness Day – Year 8

Students will spend the day looking at key issues relating to Drug and Alcohol awareness. We wish to equip students with appropriate information for their age to keep themselves safe. We are working together with crime stoppers to deliver a range of activities including, different drugs and the harm they can cause, how vulnerable you can be when trying drugs, and alcohol and the poor choices people then make. The day will also include a session which focuses on people whose own lives have been adversely affected by drugs and alcohol.

Sex and Relationships – Year 9

Year 9 are going to discuss Sex and Relationships, some of the issues surrounding this subject and we intend to equip them with age appropriate information to keep themselves safe. This compliments the Sex and Relationships Programme delivered by the RE team. We are working together with a number of partner organisations to ensure this is a varied, engaging and informative programme including:

- Consent and Respect
- Sexting
- Contraception
- 21st Century Relationships and a student debate of relevant key issues
- Healthy relationships for teenagers
- Recognising unhealthy and abusive relationships and what to do to access help

This day will include a theatre production, delivered by an external organisation and a workshop.

Mental Health – Year 10

Year 10's will be receiving a full day on mental health awareness, discussing the current issues surrounding mental health and how they or their peers could be effected by it. Signs that a pupil may be effected by it already and what to do to get support. We have both the Samaritans coming in and another company to talk about this and anxiety related issues. As well as staff sharing experiences and other staff led workshops.

Becoming 'Work-Ready' and Examination Preparation – Year 11

The day will start with each Year 11 student participating in a 20 minute mock interview conducted by a local employer. Students will be asked a series of questions that will mimic a real interview. In preparation for this, students will be told who will be interviewing them and provided with a real entry level job description so that they will be able to carry out some specific research about the company and get a feel for what the job involves. Students will also learn how to create a LinkedIn profile, delivered by the Marketing department at Covea Insurance. As students prepare for life post-16, the LinkedIn platform will enable them to network and to build up their professional portfolio. It is used by employers and recruiters who are looking for job candidates. In preparation for the summer examinations, the Samaritans will present to students on the topic of dealing with examination stress and FixUp will also be delivering a motivational seminar on the importance of preparation, revision and growth mindset.