

	<b>Year 7</b>	<b>Year 8</b>	<b>Year 9</b>	<b>Year 10</b>	<b>Year 11</b>
<b>Term 1: Emotional Wellbeing</b>	<b>Transition, Person Qualities and Self Esteem</b> <ul style="list-style-type: none"> <li>Personal Strengths</li> <li>Confidence</li> <li>Self esteem</li> <li>Accepting and acting on feedback</li> <li>Personal circumstances and how these change</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Different types of relationships</li> <li>Relationships in different cultures</li> <li>Bullying</li> <li>Abusive Relationships</li> <li>Media vs Real Life</li> </ul>	<b>Mental Health</b> <ul style="list-style-type: none"> <li>Emotional and mental health</li> <li>Anxiety and depression</li> <li>Self Harm</li> <li>Eating disorders</li> <li>Triggers</li> <li>Coping strategies</li> </ul>	<b>Exam Preparation</b> <ul style="list-style-type: none"> <li>Revision Techniques</li> <li>Revision Plan</li> <li>Managing Stress</li> <li>Mindmapping</li> </ul>	<b>Exam Preparation</b> <ul style="list-style-type: none"> <li>Revision Techniques</li> <li>Revision Plan</li> <li>Managing Stress</li> <li>Mindmapping</li> </ul>
<b>Term 2: Careers, Work Experience and Work Related Learning</b>	<b>Enterprise Opportunity</b> <ul style="list-style-type: none"> <li>Ambition</li> <li>Enterprise</li> <li>Identifying opportunities</li> <li>Business Skills – marketing, risk, etc.</li> <li>Employment Laws</li> </ul>	<b>Work Role and Career Pathways</b> <ul style="list-style-type: none"> <li>GCSE Options</li> <li>Strengths and Weaknesses</li> <li>Career Pathways</li> <li>Local Labour market</li> <li>Support</li> </ul>	<b>Reputation and Personal Brand</b> <ul style="list-style-type: none"> <li>Personal brand</li> <li>Online presence and reputation</li> <li>Effects of gambling</li> <li>Consumer power</li> <li>Young consumer</li> </ul>	<b>Preparation for Work</b> <ul style="list-style-type: none"> <li>Employment skills</li> <li>Interviews</li> <li>Education, work and apprenticeships</li> <li>Curriculum Vitae</li> <li>Application Forms</li> </ul>	<b>Your Rights @ Work!</b> <ul style="list-style-type: none"> <li>Harassment</li> <li>Employer and employee responsibilities</li> <li>Unions</li> <li>Customer services</li> <li>Corporate brand</li> <li>Careers interviews</li> </ul>
<b>Term 3: British Values</b>	<b>Family and Introduction to British Values</b> <ul style="list-style-type: none"> <li>Different relationships</li> <li>Nature of and importance of relationships</li> <li>Marriage and Civil Partnerships</li> <li>Forced Marriage</li> <li>Being a carer</li> <li>When relationships change</li> </ul>	<b>Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith</b> <ul style="list-style-type: none"> <li>British Values</li> <li>British Identity</li> <li>Multicultural Britain</li> <li>Immigration and Emmigration</li> <li>Celebration different cultures</li> </ul>	<b>Individual Liberty and Rights</b> <ul style="list-style-type: none"> <li>Human rights</li> <li>Rights of the child</li> <li>Stereotypes</li> <li>Prejudice</li> <li>Discrimination</li> <li>Equality</li> </ul>	<b>The Rule of Law</b> <ul style="list-style-type: none"> <li>Law, crime and punishment</li> <li>Going to court</li> <li>Real cases</li> <li>Antisocial behaviour</li> <li>ASBO</li> </ul>	<b>Democracy</b> <ul style="list-style-type: none"> <li>Structure of government</li> <li>Political parties</li> <li>Manifestos</li> <li>Elections</li> </ul>
<b>Term 4: Citizenship and Community</b>	<b>Personal Values</b> <ul style="list-style-type: none"> <li>Setting personal targets</li> <li>Personal Core Values</li> <li>Core Values of School and Community</li> <li>Learner identity</li> <li>Study Skills</li> </ul>	<b>Behaviour and Communication</b> <ul style="list-style-type: none"> <li>Positive relationships</li> <li>Communication</li> <li>Debating</li> <li>Team working</li> <li>Negotiation</li> <li>Conflict resolution</li> </ul>	<b>Place in the Local Community</b> <ul style="list-style-type: none"> <li>Diversity</li> <li>Ethnicity</li> <li>Religion</li> <li>Visible and invisible disability</li> </ul>	<b>Extremism and Tolerance</b> <ul style="list-style-type: none"> <li>Discrimination and bigotry</li> <li>Extremism</li> <li>Radicalisation</li> <li>Role of communities</li> <li>Accessing support</li> </ul>	<b>PSMSC programme suspended: Exam Intervention</b>

<b>Term 5: Personal Health</b>	<b>Self-Care</b> <ul style="list-style-type: none"> <li>• Personal Hygiene</li> <li>• Physical activity and exercise</li> <li>• Life balance – work, leisure, exercise</li> <li>• Importance of Sleep</li> <li>• Accessing health services</li> </ul>	<b>Drugs</b> <ul style="list-style-type: none"> <li>• Legal and illegal drugs</li> <li>• Law relating to drugs</li> <li>• Peer Pressure</li> </ul>	<b>Cosmetic Surgery</b> <ul style="list-style-type: none"> <li>• Male and female body image</li> <li>• Media vs. real life</li> <li>• Body piercing</li> <li>• Tattoos</li> <li>• Sun Lamps</li> <li>• Cosmetic surgery</li> </ul>	<b>Sex</b> <ul style="list-style-type: none"> <li>• Sex and the media</li> <li>• Consent, respect and boundaries</li> <li>• Pornography</li> <li>• Impact of drugs and alcohol on behaviour</li> <li>• Harassment</li> <li>• Stalking</li> <li>• Faith and beliefs</li> </ul>	<b>PSMSC programme suspended: Exam Intervention</b>
<b>Term 6: Risk and Safety</b>	<b>Road and Cycle Safety (including First Aid)</b> <ul style="list-style-type: none"> <li>• Road and cycle safety</li> <li>• Use of mobile phone whilst walking</li> <li>• Managing risk – entering derelict buildings, swimming in a lake, etc.</li> <li>• First aid and life saving skills</li> </ul>	<b>e-Safety</b> <ul style="list-style-type: none"> <li>• Sharing images</li> <li>• The law</li> <li>• Power of sharing</li> <li>• Sexting</li> <li>• Online gaming</li> <li>• Kayleigh’s Love Story</li> <li>• Grooming</li> </ul>	<b>Healthy Relationships/Unhealthy</b> <ul style="list-style-type: none"> <li>• Healthy relationships</li> <li>• Forced marriage</li> <li>• Honour based violence</li> <li>• Ending relationships</li> <li>• Peer Pressure</li> <li>• Gangs</li> <li>• Knife Crime</li> </ul>	<b>Parenting</b> <ul style="list-style-type: none"> <li>• Teenage pregnancy</li> <li>• Having a baby</li> <li>• Parenting</li> <li>• Abortion</li> <li>• IVF, Adoption and Fostering</li> </ul>	<b>GCSE Exam Period</b>