

17 July 2020

Dear Parent/Guardian

Kooth online support for students

Here at Maiden Erlegh we are committed to supporting the wellbeing of all our students. We are therefore delighted to inform you about a service to support the wellbeing and resilience of our students that is now available.

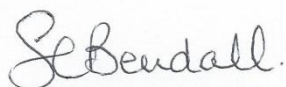
Kooth provides a safe, secure means of accessing help via the internet. By accessing Kooth, students can benefit from:

- **A free, confidential, anonymous and safe** way to receive support online.
- **Out of hours' availability.** Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10pm at weekends, every day of the year on a drop in basis.
- **Online Counselling** from a professional team of BACP qualified counsellors is available via 1-1 chat sessions or messaging on a drop in basis or via booked sessions.
- **Discussion Boards, which are all pre-moderated,** allow young people to access peer-to-peer support.
- **Online Magazine** full of moderated articles many of which are submitted by young people offering advice and guidance on a huge range of topics.
- **No referral** is required. Young people can register for Kooth independently at www.kooth.com

To use the service or find out more visit www.Kooth.com.

You can also view a short video about the service by following this link: [Kooth Video](#).

Yours sincerely



Mrs S Bendall
Senior Assistant Headteacher and SENCO