



20 December 2020

Dear Parent/Guardian

### Notification of a positive COVID-19 case in Year 8

We have been advised that there has been a confirmed case of COVID-19 within the Year 8 bubble.

We have been working hard to reduce any potential spread within the school community and the number of positive cases we have seen recently are low in relation to the current situation both locally and nationally. However, one case is always one case too many and we wish the student affected a very speedy recovery.

I am sorry to have to share this news with you but I must ensure we do all we can as a school community to tackle the spread of COVID-19. I would also like to thank my senior team who have given up most of their Sunday to carry out the tracing process.

This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The small number of children and staff who have been in direct prolonged contact with the individual confirmed to have tested positive for COVID-19 have been contacted directly and will be staying at home for 10 days.

Please, as always, take time to read the guidance below.

# What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the day after their symptoms appeared. Anyone with symptoms should seek a test and this can be arranged via <a href="https://www.nhs.uk/ask-for-acoronavirus-test">https://www.nhs.uk/ask-for-acoronavirus-test</a> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <a href="https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection">https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</a>

The 10-day period starts from the day after the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home only.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

# **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

### For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</a> or by phoning 111.

### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

#### **Further Information**

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Yours sincerely

Mr P Gibson Headteacher