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Dear Parent/Guardian

Year 13 Programme of Study – Spring Half Term 2

We were delighted to see how focused Year 13 were during the recent study conferences. We received lots of positive feedback from students and are pleased that they found the conferences useful in understanding how to approach their examinations.

Dates for your diary for this term

16-25 March - Prelims (students attend school for their examinations only.)17 March - MET Virtual Careers Fair goes live.3 May - Prelim results online.

UCAS update

Mr Gomm delivered his last assembly on the UCAS process on Friday, 11 March, covering final instructions on how to deal with the offers received by students and an overview of Student Finance for 2022 – 2023. The students will have access to this presentation and its recording on Google Classroom. It is important that students process their student finance application **before 31st May** to ensure everything is in place for September. This is particularly vital if there is any possibility that their application for finance might be complex. It is also important that the students subscribe to the related social media streams, so they are up to date with any last-minute advice from UCAS.

We understand that some of the students have yet to receive some of their offers. We will continue to support all students right to the end of the process. For any other questions please email Mr Gomm: <u>m.gomm@maidenerledghtrust.org</u>

Post Maiden Erlegh Destinations

If your child has not applied to university, please can you provide us with an update on your child's post 18 plan: whether it be an apprenticeship, college, getting a job or taking a gap year. Let us know <u>HERE</u> what they have applied for and whether you feel that they require any support with the application process. Most importantly, please let us know if your child has absolutely no idea what they would like to do. We are keen to support them in making these important future plans. Students can book a careers appointment directly with Mrs Finlason, Trust Careers Advisor. Her office can be found next to B2.

Future Ready

Mrs Finlason is offering workshops to Year 13 students to help them prepare for life after Maiden Erlegh. Students can sign up to the workshops <u>HERE</u>, and express their after-school availability. An overview of the workshops on offer can be found at the bottom of this letter.

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Start U-Explore

With the new addition of Mrs Finlason, we are in a position to move away from the virtual careers and work-related learning that has been provided by Start U-Explore, to in person learning and guidance. We will no longer be setting fortnightly Start assignments on Google Classroom.

PSMSC Scheme of Work

04-Mar	Assembly:
	Miss Cheshire - Expectations in the run up to exams.
	Mrs Garner - Looking after your mental health, tips for dealing with anxiety.
	Mrs Finlason - Apprenticeships.
11-Mar	Assembly:
	Mr Gomm – UCAS, Offers & Student finance.
	Post Maiden Erlegh Destinations Workshop:
	Run by Mrs Finlason to support those who have not applied to university.
18-Mar	No session due to prelims
25-Mar	No session due to prelims
01-Apr	'Looking After You'. Session 6: Body Piercing & Tattoos
08-Apr	Assembly - Mrs Finlason - Work related learning: How to promote yourself (Skills and Strengths)

Yours sincerely

Jarner

Cont

Mrs L Garner Co-Heads of Year 13

Mrs C Hill

Future Ready practical workshops with Mrs Finlason:

1) Interview preparation and practice - 1-2 sessions:

Finding it difficult to get motivated, know where to start or find the space and time to prepare for interviews? Join me at this workshop and take action! We are going to:

- ✓ Learn how to answer difficult interview questions and practice.
- ✓ Practice promoting your strengths and skills.
- ✓ Create a file of things you will need before and on the day.
- ✓ Work in small groups and pairs.

There will be an emphasis on learning and problem-solving for each other and being creative in helping each other. Be prepared to share and take action!

2) Applications - preparation and practice – 1-3 sessions:

Finding it difficult to sit down and gathering the information you need and start your applications? Use this space and time to get it done! We are going to:

- \checkmark Learn what to gather and pull it all together in a file/computer file.
- ✓ Discuss and work through example and real apprenticeship/job applications.
- ✓ Complete your applications.

Be prepared to take action!

3) Sharing your strengths and skills (verbally and in writing) – 1-2 sessions:

Struggling to know your true strengths and skills? Find it difficult to talk / write about them in a meaningful way? We are going to:

- Take skills quizzes (in advance of the session) + you will need to take time to talk with those at home, teachers and your friends about what they feel your strengths and skills might be.
- List 3 of your strengths and up to 7 of your skills and find evidence for each one.
- ✓ Practice writing and talking about your strengths in pairs.

4) Assessment Centre practice (will need 8 participants for roleplay or we can discuss what happens if not) – 1 session:

Want to feel more confident about what takes place at Assessment Centres? We will discuss and hopefully practice some of the exercises which may come up.

- ✓ Take part in group exercises consider what employers are looking for and learn how to demonstrate skills and positive behaviours in this situation.
- ✓ Discuss and potentially practice other exercises such as In-tray and tests

5) Creating Vision Board – 2-3 sessions:

What is a Vision Board? A vision board is usually a collage of images/words/phrases that represent goals and dreams. It can include cut-out pictures from magazines and words that help inspire you to manifest your dreams and get where you want to go. By attending this practical session, you will be able to:

- ✓ Relax and enjoy thinking about your own dreams and goals.
- ✓ Write your dreams and goals down.
- Create a vision board to help you focus on your dreams and goals by using magazines and your own drawings.
- ✓ Take your Vision Board home to display it in your room.

✓ Be focused and reminded each day about achieving your dreams and goals by looking at your vision board.

6) Goal setting – 1 session:

Find it difficult to keep focused and on track? Miss deadlines? Feel anxious because you don't feel as organised as you could be? This could be for you! We will:

- ✓ Learn how to create SMART goals.
- \checkmark List 3-5 of your own goals.
- ✓ Create SMART goals for each one.
- ✓ Potential for follow-up session if students would like the opportunity to discuss progress/be accountable to someone/a group.