

Anti-Bullying Guide



MAIDEN ERLEGH
SCHOOL



Maiden Erlegh School takes all forms of bullying very seriously, we will investigate and act on it, when it involves any member of the school community.

This isn't just about what happens in school, but also what happens when you travel to and from school and what happens online!

Is it bullying?

WHEN SOMEONE SAYS OR DOES SOMETHING UNINTENTIONALLY HURTFUL AND THEY DO IT ONCE, THAT'S

RUDE.

WHEN SOMEONE SAYS OR DOES SOMETHING INTENTIONALLY HURTFUL AND THEY DO IT ONCE, THAT'S

MEAN.

WHEN SOMEONE SAYS OR DOES SOMETHING INTENTIONALLY HURTFUL AND THEY KEEP DOING IT, EVEN WHEN YOU TELL THEM TO STOP OR SHOW THEM THAT YOU'RE UPSET, THAT'S

BULLYING.

#TeamMaidenErlegh

At Maiden Erlegh we want to be clear about our expectations of **everyone** in the school community. This includes parents, students and staff.

- Everyone will be respectful to each other
- Everyone will report abuse or bullying of another person
- The school will be proactive in preventing bullying and students will learn what bullying is and what to do to report it
- The school will run an Anti-Bullying Week every year
- Teachers are trained on the signs of bullying and will listen to any student who feels they are being bullied

THE 6 TYPES OF BULLYING



PHYSICAL BULLYING

any physical contact that hurts a person like hitting, kicking or punching



VERBAL BULLYING

name calling, jokes about or offensive remarks about a person's religion, gender, ethnicity, appearance or socioeconomic status



INDIRECT BULLYING

excluding others from a group, spreading lies, secrets, rumors or exaggerated stories about someone



SOCIAL ALIENATION

pointing out differences in others, excluding others from a group, and spreading rumors



INTIMIDATION BULLYING

using threats to frighten others



CYBER BULLYING

sending pictures, messages or information using electronic media, computers and cell phones

At Maiden Erlegh School we don't accept any type of bullying. Everyone is different at our school, that's what makes us all the same! No one should be bullied for the way they look, their religion, gender identity, ethnicity or how much money they do or don't have.

We have help with our Anti-Bullying Programme from the Anti-Bullying Alliance and we follow their 'United Against Bullying' Programme.

If you would help some help and support their website link is here: www.anti-bullyingalliance.org.uk



NATIONAL CHILDREN'S BUREAU
Part of the family

Anti-Bullying Week

Every year we mark Anti Bullying Week and organise lots of different activities.



What do I do if I believe I am being bullied or a friend needs support?

1. Tell your teacher or parent/carer
2. Visit our inclusion team, they are great listeners!
3. Tell a friend or a member of the senior team and ask them to help you
4. Email school:
mestarget@maidenerlegitrust.org