



MAIDEN ERLEGH SCHOOL

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Dear Parent/Guardian

Oxwell Student Survey

Our school has signed up to take part in the OxWell Student Survey, which aims to understand health and wellbeing in young people and help schools to support their students' mental wellbeing. Please read through the attached information sheet for parents, and for more information about the OxWell Student Survey see the research team's webpage (<https://oxwell.org/>) and answers to [frequently asked questions](#).

All students in Years 7 to 13 will be invited to complete the survey unless you contact the school to opt-out your child. If for any reason you do not want your child to take part in the survey, please notify Mrs Tanner (s.tanner@maidenerleghtrust.org) by (Friday 3 March) and inform them not to complete the link that will go on Google classroom.

The survey will go Live on Google Classroom on Wednesday 8 March, and we would appreciate your support in directing your child to this.

Yours sincerely

Mrs S Tanner
Assistant Headteacher – Designated Safeguarding Lead

OXWELL Information Sheet

What are we trying to find out?

Childhood and adolescence is a critical period for mental health and brain development. By asking them directly about how they experience school life and health-related issues, we hope to better understand what is happening to the mental health of young people, and to inform schools and local services of how to provide students with the best mental health support. More information about this study and the larger project can be obtained on the research team's webpage (<https://oxwell.org/>) or by contacting the research team at: oxwell@psych.ox.ac.uk.

Why has my child been invited to take part?

We are inviting your child to take part because they are at a school participating in the OxWell study and are aged 8 years or older, currently in school Years 5 - 13. We are inviting up to 100,000 students to take part.

Does my child have to take part?

No. If you do not want your child to take part in the research, please notify your child's school as soon as possible and before the proposed survey date (which is decided by each school).

What will happen if my child takes part?

On Google classroom, students will be invited to log in to the OxWell Student Survey, to answer around 200 questions on lifestyle and health-related issues. Some of the questions address sensitive areas (e.g., safety, bullying, mental wellbeing), and there are different versions of the survey to ensure that the content is age matched. Pupils in Years 7 - 13 are also asked some questions related to risk factors like self-harm, drugs, abuse, depression and anxiety. At the end of the survey, appropriate advice and guidance is provided with links (e.g., www.childline.org.uk). We do not wish to identify students and therefore do **not** ask for names, addresses, date of birth or use unique logins. The survey data is collected as part of a service provided by Foster and Brown Research Ltd (www.fabresearch.com).

What are the advantages / disadvantages of taking part?

One potential risk of this study is that your child will be asked questions about a topic that they know nothing or very little about, such as about substance misuse (Years 7 - 13 only). To mitigate the risks, different versions of the survey have been designed to ensure that the questions are age-appropriate, oxwell@psych.ox.ac.uk @oxwell_study www.psych.ox.ac.uk