



24 March 2023

Dear Parent/Guardian

## **Physical Education Lessons during Ramadan**

During the period of Ramadan, there is no expectation to take part in physical aspect of Physical Education. If any individual student wishes to take part in a physical PE lesson, this is fine; we will respect their decision either way.

If your child were fasting during the period of Ramadan, I would request that you please provide a note.

It is the expectation that all students are to bring and wear PE kit during their lesson, whether they are taking part in the physical PE lesson or not.

Any questions, please do not hesitate in getting in touch.

Yours sincerely

Mr J Flynn

Head of Physical Education