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17 October 2023

Dear Parent/Guardian

## **Personal Development**

All schools in England must deliver Personal, Social and Health Education (PSHE), Relationship & Sex Education (RSE), Citizenship, Healthy Eating, British Values, Cyber Safety, etc. This academic year we complete this during Friday Lesson 2, we follow all the government guidance provided and review the content to ensure it is kept up to date and relevant for the students. The overview of the Personal Development Programme can be found on our website, via the following link:

Please click here to view the Personal Development Programme on our website

## **Relationships and Sex Education**

Personal Development allows students to find out about and discuss a range of topics which impact on their lives and futures. One key element of this is Relationships, which is taught in the context of developing positive values and a moral framework that will help guide students in their future judgements and decisions. We aim to teach an awareness and respect of all human sexuality, as well as exploring reasons, consequences and responsibilities associated with sexual activity and behaviour. Delivery of these themes will run in line with our Relationships & Sex Education and Equality Policies, both of which can be found on the website.

Governors recognise the importance of all students' participation in RSE. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. For clarity, this will not be a withdrawal from Personal Development lessons as a whole, only that a parent may, exercise a right of withdrawal from those lessons where the content is not part of the national curriculum (Section 405 of the Education Act 1996). Should you wish to exercise your right to withdraw your child from these lessons only, you should inform the Headteacher in writing. If your child is withdrawn, the school will ensure your child has appropriate work during the period of withdrawal. If you do wish to withdraw your child from RSE, we may invite you in for a meeting to explain the school's policy and discuss your concerns with you.

Yours sincerely

Bendall.

Mrs S Bendall Deputy Headteacher

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