



# MAIDEN ERLEGH

## SCHOOL

Headteacher: Mr P. Gibson

MSc (Educational Leadership), BA (Economics)

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Dear Parent/Guardian

### **Years 7 – 9 - N-Act – Invisible Performance.**

On Thursday 9 November we will be having N-Act Theatre Company come to give a performance to our Year 7 - 9 students. Each student will have the opportunity to watch the performance which aims to educate them on key mental health topics such as suicide and self-harm.

Students will follow the story of Denny who has written a blog to his 12-year-old self which he shares with the audience. Through a mixture of humour and pathos, the audience will learn from his experiences when growing up. Denny's story makes the audience think about perception, stigma, and how to recognise if someone is suffering, how we can help, and when to call in the professionals.

At Maiden Erlegh we aim to support all student's mental health and point them and you in the right direction for support. Should you be concerned about your child's mental health then please let us know by speaking with your child's tutor in the first instance and we will be able to direct you to the most appropriate avenue of support.

Yours sincerely

Mrs S Tanner

Assistant Headteacher –

Safeguarding (DSL) & Year 11 Pastoral and Quality of Education Lead