



08 December 2023

Dear Parent/Guardian

Berkshire Schools Cross Country Championships

Please find attached the information for the Berkshire Schools Cross Country Championships being held on **Saturday 20 January 2024 at Newbury Showground, Berkshire**. Please note that schools must enter athletes and individuals cannot enter by themselves. If your child is interested in taking part please e-mail Mr Flynn on J.Flynn@maidenerleghtrust.org

The competition is the county cross country championships for both boys and girls in years 7 to 13. This is held annually in January. The course is flat and varied with fields and trails. Anyone may enter this competition and schools may enter as many athletes as they would like (there is no charge for entries). The first 4 athletes in each age group for the school will constitute the teams and schools may have as many teams as they would like (they may also have individuals). There are trophies for the top teams in each age group.

The letter attached explains all of the rules and key aspects of the competition. The school needs to enter students by no later than **FRIDAY 12 JANUARY 2024**. There will be **NO late additions after this date**.

A reminder that age groups are different to other sports e.g. netball / football etc. A year 7 would usually be an U12 but in cross country is an U13 as the age is taken on 31 August. A table of dates of birth and age groups is shown on the letters for your information. Pupils must be entered into the correct age group and cannot run 'up' or 'down' an age group.

If you have any questions, please do not hesitate to get in touch with a member of the PE department.

Regards

Mr J Flynn
Head of Physical Education