



# MAIDEN ERLEGH

## SCHOOL

Headteacher: Paul Gibson

MSc (Educational Leadership), BA (Economics)

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Dear Parent/Guardian

### Physical Education Classes During Ramadan

As we approach the upcoming period of Ramadan, I wanted to touch base regarding our Physical Education classes.

I want to assure you that during Ramadan, there is absolutely no expectation for any student to participate in the physical aspects of our PE lessons. However, should any individual student wish to engage in the physical activities during this time, we will fully respect their decision.

If your child will be fasting during Ramadan, I kindly request that you provide us with a note to inform us of this. This will help us ensure that we provide appropriate support and understanding during this period.

Regardless of participation in the physical activities, it remains our expectation that all students come prepared with their PE kit for each lesson. This ensures they are ready for any activity and can fully engage with the class, which could mean, umpiring, refereeing or coaching.

If you have any questions or concerns regarding PE classes during Ramadan or any other matter, please don't hesitate to reach out to us. We are here to support you and your child in any way we can.

Yours sincerely

Mr J Flynn  
Head of Physical Education



Aim High



Be Inclusive



Work Together