



Personal Development Programme – Key Stage 5

Term	Year 12	Year 13
1	<p>Sixth Form Ready</p> <ol style="list-style-type: none"> Welcome to Sixth Form. Transitioning from key stage 4 to 5 Study skills 1- Effective Notetaking Study skills 2- Productive Revision Mental Health How and why should we celebrate cultural diversity 	<p>Beginning my Post 18 Career</p> <ol style="list-style-type: none"> Personal development & the year ahead Applications CVs, referees & references Acting the interview Assessment centre Independent research/applications 1 Independent research/applications 2
2	<p>Personal Health, Wellbeing & Safety</p> <ol style="list-style-type: none"> Personal, health & wellbeing Mental health issues Body enhancement and modification Alcohol Drugs Travel Extremism and radicalisation 	<p>Employment Rights & Responsibilities</p> <ol style="list-style-type: none"> Building professional relationships in the workplace Challenging inappropriate behaviour in the workplace Professional conduct Rights as part time workers Confidentiality, security and data handling Professional organisations
3	<p>Careers – Opportunities & Pathways Post 18</p> <ol style="list-style-type: none"> Global market place Pathways 1. Apprenticeships Pathways 2. Universities Pathways 3. Employment Pathways Gap Year Employment Skills and Personal Branding 	<p>Looking After Yourself and Others</p> <ol style="list-style-type: none"> First Aid Consent Gambling Alcohol Online Safety and Sexting Responsible Health Choices and Preparing for the Future
4	<p>Being Safe in the Wider World</p> <ol style="list-style-type: none"> First Aid Being safe online Being a critical consumer online Being safe in relation to others Bullying, prejudice & discrimination Forced marriage & honour based violence (HBV) 	
5	<p>Developing & Maintaining Healthy Relationships</p> <ol style="list-style-type: none"> Healthy & unhealthy relationships Consent Sexual abuse & domestic violence Contraception 	



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	<ol style="list-style-type: none">5. STIs6. Pregnancy7. Parenthood	
6	<p style="text-align: center;">Managing Finances Effectively</p> <ol style="list-style-type: none">1. What is Personal Finance2. Budgeting3. Loans and Bank Accounts4. Financial Difficulties5. Mortgages, Savings Investments and Pensions6. Consumer Law7. Revising	