

MET Future Destinations Fair Friday 21 November 2025

Take this opportunity to speak to as many different people as possible and ask as many questions as possible. Usually, you would have to travel to see all of these experts individually, but today is your chance to speak to them all in one space and you can start to think about what you want your future destination to be.

Use the prompts below to start conversations and space within the box to write any notes for research that you can do after the event.

If you have already had your Careers Appointment... look back over your action plan and remind yourself what your next steps are. Have you made applications to at least 2 places – if not, speak to the colleges, and ask them when their open days are and when their application deadline is. Ask them about their admissions requirements. Ask them if there is a uniform policy. Ask them anything!

MES 6th Form Student Ambassadors will be on hand to tell you what 6th form is all about. Ask them about work experience, community service, NEAs, uniform, prelims, UCAS support and anything else!

Think back to your mock exams that you just took... What did you enjoy revising? Which subject did you find easy? What topic really made you think and want to learn more about? Everyone will always tell you that if you study something you enjoy, it doesn't then feel like hard work! Speak to the Universities about a degree in Geography or Spanish or Business Studies or Food Technology... or speak to the Apprenticeship provider about why they didn't choose to go to University and did a degree apprenticeship instead!

University not for you? Speak to the Army and Police about the training and opportunities to study you can take while working and earning. Speak to the Apprenticeship Advisor about why that pathway is now growing and how many different pathways there are to earn and learn.

Do you know about fees for University? Find out more about what the fees and what help you can get. Some universities will lower their grade requirements for certain courses if you have faced challenges in your learning journey – this is called a contextual offer. Some universities are specialists in certain fields – as them what makes them different and provide a specialist experience.

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Army - LCpl Deon Owen

The Army is distinct from the RAF and Royal Navy in that our tasks are always delivered directly by soldiers through human interaction. They are our greatest asset. We are an inspirational employer who embraces diversity, inclusivity and contributes to society in everything we do. We are leaders in leadership with skills for life and the opportunity for all. We have to make life-critical decisions and take purposeful action in sometimes hostile, confusing and unclear situations that occasionally test us to the limit of human endurance. Our training, development and preparation is personally rewarding but also ensures we are united by common values and strong bonds and will do the right thing, even under the most difficult circumstances. <https://www.army.mod.uk/>

Activate Learning - Reading College - Lauren Davis

Activate Learning is a group of learning organisations, including Reading College and Bracknell and Wokingham College, that offer further and higher education options, including A Levels, T Levels, Vocational Courses, and Apprenticeships. <https://reading.activatelearning.ac.uk/>

Aston University - Millie Andersen

Aston University is a leading public research university located in Birmingham, England. Founded in 1895 and granted university status in 1966, Aston has built a strong reputation for excellence in teaching, research, and employability. The university is particularly well known for its focus on business, engineering, health sciences, and technology, offering a wide range of undergraduate and postgraduate programs that blend academic rigor with real-world application. Aston's central Birmingham campus is a modern, green, and compact environment that fosters a close-knit community of students and staff from over 120 countries. The university is recognized for its strong links with industry and emphasis on professional experience, with many degrees including an integrated placement year—helping students develop practical skills and boost career prospects. Our website can be found at <https://www.aston.ac.uk/>

Cardiff University

Cardiff University is a top five university for research excellence in a beautiful, student-friendly capital city. From world-class campus facilities to excellent career prospects, key reasons to choose Cardiff University for your undergraduate studies are career prospects, global opportunities, flexible study options, research-informed teaching, improved campus facilities and student life. Join a community of open-minded thinkers and doers, where everyone is empowered to reach their full potential. Together, we'll work hard to build a better future, for you and the wider world. <https://www.cardiff.ac.uk/>

Lancaster University - Edward Bartley

Lancaster University is a campus based university in the North West of England. We are top 10 in The Complete University Guide 2026 and consistently placed in the top 15 in major UK league tables (The Times and The Guardian). We are a research-intensive university and our results in the Research Excellence Framework (REF) 2021 confirm our position in delivering world-quality research. We have over 300 undergraduate degree programmes across 4 faculties, many of which have study abroad or placement opportunities. We also offer a wide range of combined courses.

Our nine colleges allow students a home from home, they are a place to live, study and socialise. The community feel and international outlook of Lancaster University is one of the reasons our staff and students love being here. <https://www.lancaster.ac.uk/>

Royal Holloway, University of London - Aimee Chase

Royal Holloway, University of London is a Top 35 UK University based in Egham, Surrey. Our campus is regularly voted as one of the most beautiful campuses in the UK and globally, partly thanks to our iconic Founders Building. We have 25 academic departments, with around 200+ academic courses on offer. Come and speak with us to find out more! <https://www.royalholloway.ac.uk/>

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Southampton Solent University - Amber Mobbs

We're focused on the practical side of higher education – giving our students the connections, experience and confidence to turn their newfound knowledge into a career with real, meaningful impact. We work closely with businesses to develop courses - ensuring our graduates are what employers are looking for.

Whoever you are, whatever your goals, we want to help you make your mark. <https://www.solent.ac.uk/open-days>

Swansea University - Jamie Wihlborg-Farrell

Founded in 1920, Swansea University has grown into a vibrant, multicultural community that welcomes students from around the world. With two beautiful beachfront campuses, Singleton Park Campus and the modern Bay Campus – students benefit from a unique blend of coastal living and cutting-edge academic facilities. The University offers a wide range of undergraduate courses across subjects such as science and engineering, business, law, media, medicine, computer science, social sciences, and the humanities. Many programmes have strong links with industry, providing opportunities for placements, internships, and real-world learning that help students develop valuable skills and enhance their employability. For any questions, please email: study@swansea.ac.uk. <https://www.swansea.ac.uk/>

The Henley College - Rosie Foster-Buck and Isabel Hayward

The Henley College, located in Henley-on-Thames, is a sixth form college offering a wide range of academic and vocational courses for students aged 16 to 18. We pride ourselves on being inclusive and encouraging our students to question, to seek, and to grow. Visit <https://www.henleycol.ac.uk/> for more information.

The University of Portsmouth - PJ McDonagh

The University of Portsmouth is located in the centre of the UK's only island city. It's a higher education institution known for its commitment to offering each one of its students a transformative educational experience. Portsmouth's commitment to students' future careers is impressive. The latest statistics show more than nine in ten of the university's graduates are in work or further study. Students at Portsmouth will be able to access a broad range of degrees across subjects including business, creative and cultural industries, humanities, law, sciences, social sciences, and technology. Each course at the university reflects its commitments to students' future career success. Students at the university are able to access a wider range of professional development opportunities during their studies, including work experience, placement and volunteering options. With a dedicated careers and employability service, on hand with expert advice, students are well placed for success. The university also places a high priority on student support. At Portsmouth, students are not only able to develop the knowledge and skills they need for their degree, but can also get support and guidance on everything from finances to accommodation, physical health and mental wellness. <https://www.port.ac.uk/>

University of Birmingham - Katherine Pagett

A Russell Group University in the heart of England. Our beautiful campus is on the doorstep of a friendly and exciting city with our own train station on campus. We offer a wide range of degree subjects and opportunities to develop the skills required for the working world. There are plenty of opportunities to gain valuable work experience ensuring you stand out in the graduate job market. We're proud to be the most targeted UK university by graduate employers according to the 2024 High Fliers report. Our community is welcoming and diverse with exceptional facilities and beautiful grounds for you to live and learn in. Find out more about us at www.birmingham.ac.uk

University of Exeter - Ashley Dozwa - School & College Engagement Officer

University of Exeter combines world-class research with excellent student satisfaction, from our campuses in Exeter and Cornwall. We are part of the Russell Group and we have an established international reputation for excellence in both teaching and research. Our success is built on a strong partnership with students and a clear focus on high performance. Research is at the heart of what we do and is making a difference across the world. We unite expertise from across our academic disciplines, breaking down barriers to create innovative solutions to complex, global challenges. We're also the leading sports university in the South of

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England and consistently rank highly in BUCS. Come on this journey with us as we use the power of our education and research to create a greener, healthier & fairer future. <https://www.exeter.ac.uk/>

University of Reading - Lucy Alderman

The University of Reading has been at the forefront of UK higher education for nearly a century is home to over 27,000 students from over 160 countries. Our award-winning green campuses are at the heart of our university community, providing world-class facilities alongside a sustainably-conscious backdrop of nature. In 2025, our Whiteknights campus received its 15th Green Flag Award in a row, and we are considered one of Britain's top green spaces. Recently awarded Sustainable University of the Year 2025 in The Times and The Sunday Times Good University Guide 2025, the University is proudly committed to tackling climate change and promoting environmental sustainability. We continue to be one of the most popular higher education choices in the UK. Our programmes range from the pure and applied sciences to languages, humanities, social sciences, business and arts. New research and the latest thinking continually feed into our teaching, with our academic staff working at the forefront of their fields of expertise. Find out more at: <https://www.reading.ac.uk/>

University of Surrey - Simba Mlambo

The University of Surrey is a leading university located within the county town of Guildford, Surrey in the South East of England. From accounting and finance to veterinary medicine and science, we have a diverse range of subject areas for your students to choose from. Most of our courses give students an opportunity to take a Professional Training placement which give you the opportunity to develop your professional, academic and personal potential, equipping you to be adaptable, resilient, globally minded, confident, entrepreneurial and digitally savvy in the workplace. These qualities are widely recognised by employers and a significant proportion of placement students at Surrey are offered graduate-level jobs or go onto postgraduate study.

University of Winchester

Situated in the historical city of Winchester, the University of Winchester has a variety of courses in the faculties of Education & The Arts, Business & Digital Technologies, Health & Wellbeing, Law, Crime & Justice and Humanities & Social Sciences. www.winchester.ac.uk

Thames Valley Police - PC 6109 Mr Yasser Zubair

We will be providing information on entry routes into policing and also be willing to give our lived experiences. We focus on a number of facets, including attraction and engagement of new police officers and staff. <https://tvpcareers.co.uk/supporting-you/>

University of Essex

We're a university where curiosity prevails, and where exploring new ways of thinking and pushing boundaries, isn't just encouraged, it's expected. We are determined to do things differently and put student success at the centre of everything we do. We're committed to two things: excellence in teaching and excellence in research. We put student success at the heart of our mission, supporting every student from every background to achieve outstanding outcomes; preparing our students to thrive in their future lives. Our determination to make a difference in society means we're ranked in the top 200 of the global Times Higher Education Impact Rankings 2025, which reviewed more than 2,500 universities around the world. <https://www.essex.ac.uk/>

Gavin Williams EngTech MISTC, Technical Skills Coach – Engineering, Windsor Forest Colleges Group