MAIDEN ERLEGH
SCHOOL
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Dear Parent/Guardian

World Mental Health Day

We are pleased to be supporting **World Mental Health Day on Friday 9 October**. This is an opportunity to raise awareness of the importance of looking after our mental health and wellbeing.

To help us celebrate the day and show our support, we are inviting students to wear or bring a yellow accessory to school, such as a yellow ribbon, hair accessory, bracelet, socks or badge.

We hope students will enjoy joining in and helping us to spread a positive message about mental health and the importance of talking about how we feel.

For further information about mental health support for young people, please visit: https://www.youngminds.org.uk/

Thank you for your continued support.

Yours sincerely

Miss Burns
Head of School / Senco / DSL

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