MAIDEN ERLEGH
SCHOOL
Co-Headteachers: Alison Morgan & Ceri Burns
BA (Hons) PGCE | BA (Hons) PGCE, Ma (Education) & NPQH

Silverdale Road, Earley, Reading, RG6 7HS
0118 9262467
mesoffice@maidenerleghtrust.org
www.maidenerleghschool.co.uk
@MaidenErleghTru

6 November 2026

Dear Parent /Guardian

Important Reminder: Nut-Free School

We are writing to ask for your continued support in helping us maintain a safe, **nut-free environment** for all our students.

We have students and/or staff members in our school community who suffer from **severe, life-threatening nut allergies** (anaphylaxis). For these individuals, a reaction can be triggered not only by eating a nut, but in some cases by skin contact or by breathing in dust or residue from nut products.

To protect everyone's health and safety, we kindly ask that **no nut-containing products** are brought onto the school premises.

Examples of Prohibited Items:

- Peanut butter or chocolate-hazelnut spreads (e.g., Nutella)
- Cereal bars, snack bars, or granola bars containing nuts
- Biscuits, cookies, or cakes that contain nuts
- Chocolate bars with peanuts or tree nuts (e.g., Snickers)
- Sauces or dishes containing satay or nut oils

Please Also Remember:

- **Check labels:** Please check the ingredients of packaged snacks, lunchbox items, before sending them into school.
- **Handwashing:** If your child has eaten breakfast or food containing nut products before coming to school, please ensure they **wash their hands and face thoroughly** before arriving.
- **Food sharing:** Please remind your children **not to share** their food, snacks, or drinks with classmates.

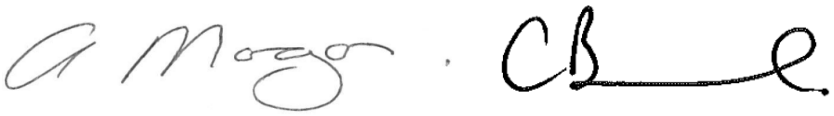
We truly appreciate that managing these restrictions takes extra time and care, and we are very grateful for your cooperation and partnership in keeping our school safe and inclusive for every child.

Maiden Erlegh Trust is a company limited by guarantee and an exempt charity registered in England and Wales under company number 07548754 with registered office at Silverdale Road, Earley, Reading, RG6 7HS.



If your child is an EpiPen user, we ask that you remind and encourage your child to tell a member of staff if they feel unwell and to make them aware that they have an EpiPen, so that staff can respond promptly and follow the appropriate procedures
If you have any questions or concerns regarding this, please contact the school office.

Yours sincerely



Mrs A Morgan
Co-Headteacher

Miss C Burns
Co-Headteacher

Maiden Erlegh Trust is a company limited by guarantee and an exempt charity registered in England and Wales under company number 07548754 with registered office at Silverdale Road, Earley, Reading, RG6 7HS.