MAIDEN ERLEGH SCHOOL
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20 November 2026

Dear Parent/Guardian

BRIYM Parent Workshops 2026-27

Following the success of our first BRIYM session this year, we would like to invite you to the second workshop – Supporting School Attendance & Managing Anxiety Around School. The booking for the second session '**Supporting School Attendance & Managing Anxiety Around School**' on **Tuesday 1 December** is now open.

All sessions will take place in the Main Hall at Maiden Erlegh School, Silverdale Road, Reading, RG6 7HS, and will begin promptly at 6.00pm. Students and children are welcome.

Please follow the link below to secure your place. Booking can be completed on a browser, or the Sched App. You will be prompted to create an account by choosing a password. Once you have done this you will be able to add the BRIYM workshop to your schedule.
BRIYM Session 2 - Supporting School Attendance & Managing Anxiety Around School

The workshops will cover a range of topics designed to support parents and carers in navigating some of the challenges young people face today. Details of the sessions are outlined below.

Date	**Session**
Tuesday 1 Dec	Supporting School Attendance & Managing Anxiety Around School
Tuesday 26 Jan	The BRIYM Revision NON-Hacks
Tuesday 9 March	Understanding Neuro Diversity at Home
Tuesday 27 April	Positive Behaviour Without the Battles
Tuesday 29 June	Screen time, Gaming, Social Media and Staying Safe Online

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Be Inclusive
Work Together

For further information about the BRIYM service and the support they provide, please visit: [BRIYM - Building Resilience in Young Minds]

We hope you will be able to join us for these informative and engaging sessions.

Yours sincerely



Miss C Burns
Co-Headteacher