



MAIDEN ERLEGH

SCHOOL

Headteacher: Mr P. Gibson
MSc (Educational Leadership), BA (Economics)

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9 January 2019

Dear Parent/Guardian

Pastoral Day Foundation Stage and KS4 – Friday 8 February

On Friday 8 February we will be suspending our normal teaching timetable for all year groups, so that students can focus on learning about key topics.

- Year 7: E-Safety
- Year 8: Drugs and Alcohol Awareness
- Year 9: Sex and Relationships
- Year 10: Mental Health Awareness
- Year 11: Examination ready and stress busting strategies

In order to be able to run this event, we are asking for a voluntary contribution of **£5** per student. This payment is payable through **ParentPay** and should be made by **Friday 1 February**. Please use the following link to **ParentPay** <https://www.parentpay.com/>. If you have any queries relating to ParentPay please email ParentPay@maidenerleghschool.co.uk. We may be able to provide financial assistance for those students who are entitled to Pupil Premium funding. Please contact the school if this is the case.

If you have any questions or need to make us aware of any particular issues that may cause upset to your child on this day then please contact their head of year.

Yours sincerely

Mr P Gibson
Headteacher

E-Safety – Year 7

Year 7 students will be receiving a full day on e-safety awareness. We wish to discuss some of the issues surrounding this subject and equip them with appropriate information for their age to keep themselves safe. We are working together with volunteers from McAfee and will deliver a range of activities including safety, security and a special project based on what they have learnt.

Drugs and Alcohol Awareness – Year 8

Year 8 students will be receiving a full day looking at the key issues relating to drug and alcohol awareness. We wish to equip students with appropriate information for their age to keep themselves safe. We are working together with volunteers from SMART to deliver a range of activities including different drugs and the harm they can cause, how non-alcoholic drinks – mocktails - can be fun, and how vulnerable you can be when trying drugs and alcohol and the poor choices people then make. The day will also include a question and answer session from people whose own lives have been adversely affected by drugs and alcohol.

Sex and Relationships – Year 9

Year 9 students are going to discuss sex and relationships and some of the issues surrounding this subject. We also intend to equip them with age appropriate information to keep themselves safe. We are working together with a number of partner organisations to ensure this is a varied, engaging and informative programme including:

- Contraception and Sexually Transmitted Diseases (STIs).
- 21st century relationships and a student debate of relevant key issues.
- Controlling and abusive relationships for teenagers.
- LGBTQ – What does this mean, where to get support if you have questions about your sexuality and how to support your peers.
- Awkward Questions Theatre Production and workshop providing information on myths and misconceptions about sex, including the issue of consent, sexting and respect.

Mental Health – Year 10

Year 10 students will be receiving a full day on mental health awareness, discussing the current issues surrounding mental health and creating campaigns to support awareness. The students will receive a production and workshop from an external company, and they will have discussions led by staff.

Examination Stress – Year 11

Year 11 students will be receiving a full day on being examination ready and discussing strategies to combat stress associated with the upcoming exams. The students will receive workshops led by outside visitors and will have discussions led by staff.